

Lesson 1 Practice

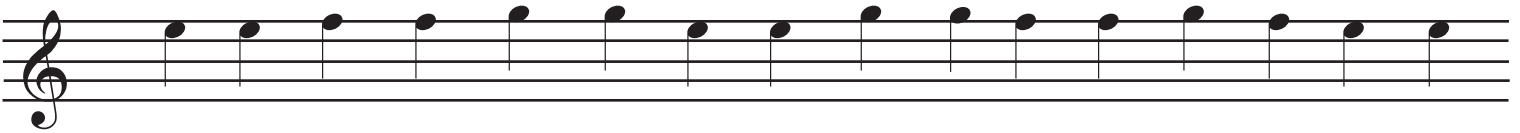
Practice

10-15 minutes / day
Play slow and even

1st string exercise

Rest stroke

Right hand first finger (index finger)



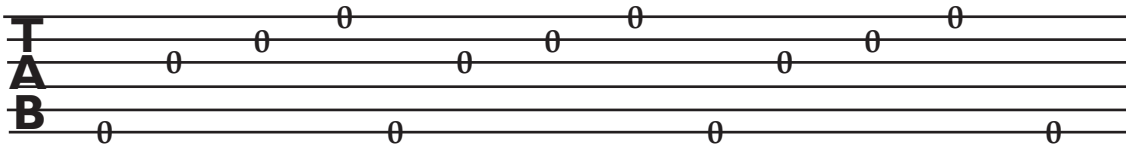
Free stroke

Sixth string- thumb

Third string - first finger (index finger)

Second string - second finger (middle finger)

First string - third finger (ring finger)



Em



Strum with pick or thumb or fingertips.
Practice steady downstroke Em chords.

Theory Homework

Read about [Clefs](http://cnx.rice.edu/content/m10941/latest/) at
<http://cnx.rice.edu/content/m10941/latest/>

1. What clef is your guitar music written in? _____
2. Do the clef practice sheet (at the website) for your clef.
2. Write the correct letter name in the boxes above each note on your lesson page.
3. Write the letter name below each note in the staff on this page.
4. What is the name of the fourth note on the tablature line above? _____