

PRESCHOOL LESSON PLAN*

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Abstract

This is a guideline I have developed to creating a successful lesson plan for preschool.

When planning a lesson for preschoolers keep in mind their age. Since they are so young they are not going to have a very long attention span. This will also affect their learning capabilities. You cannot teach a preschooler something a 5th grader is learning. Always make sure to choose things that are age appropriate. Plan everything in advance. Make sure you are prepared with everything you need for each different activity you will be doing. Make sure you plan with other teachers/helpers. Make sure that everyone knows what is going on and is prepared to do their part. Most importantly have fun with it, the more fun and enthusiasm you show for what you are doing the more likely it is that the kids will be more enthusiastic about it as well.

I have developed a schedule (below) that I have used in many occasions and that another preschool teacher I know uses as well.

Arrival: This will usually last about 5-10 minutes and it is just when the children all show up.

Circle Time: This should last about 15 min. This is where you introduce what you are going to be learning about that day. Usually involves pictures and questions to evaluate what they know about it.

Language Arts: This should last about 10 min. and is usually a worksheet. Pick and appropriate activity to help develop their language arts.

Art: This should last about 10 min. Pick an age appropriate art activity that everyone can participate in.

Center 1 and 2: pick two different activities you think will help the children learn more about the topic and split them up into two different groups. Each center should last about 10 min.

This is usually the point at which I would have everyone take a bathroom break and wash their hands to prepare for the snack.

Snack time: you should pick a snack that goes along with your lesson, you can get very creative when it comes to snack time. This should last about 10min.

Science: pick an appropriate project/experiment. This should last about 20 min.

Dramatic play: this is kind of their free play time. They get to play with the dress ups and the different toys; this is their creative time to play however they want. This usually lasts about 20 min.

Math: Pick an age appropriate activity/worksheet for math. This should be about 20 min.

Story time/closing circle time: This is when you are going to wrap up the day. pick a story that goes along with your lesson and again is age appropriate. Have fun telling the story, really get into the characters. After the story talk about what you have learned about today, and ask the children some more questions about what they have learned.

Once you have followed this guideline make a list of everything you will need for the day and how much. Go over it with the other teachers and make sure everyone knows what they are in charge of. Your lesson should go fairly smoothly once you have completed everything. Good Luck!

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